

POSTGRADUATE DIPLOMA IN HEALTH SCIENCE

Information for International applicants

The Postgraduate Diploma in Health Science is a 120 credit (one year full-time), interdisciplinary programme that provides the opportunity for qualified health professionals and health service managers to develop advanced practice knowledge and critical analysis skills.

Courses are characterised by advanced study in a specific health science discipline, requiring a foundation of undergraduate knowledge and skills achieved through previous tertiary qualifications.

Qualification	Postgraduate Diploma in Health Science
Programme level	Level 8
Length	One year
Start dates	16 February, 20 July
Study options	Full-time
Fees	NZ\$22,000 per year
Total number of credits	120
Class delivery	Most of the courses are delivered online. However, some courses may require attendance at synchronous online sessions or face-to-face workshops at an EIT campus. Any requirement for attendance at online or face to face sessions is identified in the course information
Individual study hours	<p>Each credit for the course generally represents approximately 10 hours of student learning/study time over the period of the course</p> <p>Each course consists of blended and online learning opportunities and in some cases clinical fieldwork. Students are expected to spend subsequent time in independent study, critical reflection, and field work in their place of study or place of work</p>
Location	Napier Campus
Contact	International Centre Phone: +64 6 974 8902 Email: international@eit.ac.nz

<http://www.careers.govt.nz/jobs>



STUDENT PROFILE

Name Dr. Arun Venugopalan
Country India

"Given my background in my Degree of Medicine, I saw the chance to study the PG Diploma in Health Science at EIT as the perfect pathway to fulfill my career dreams. I have always wanted to work in Health and Community Service and I wanted to broaden my horizons with Postgraduate Studies. EIT offers courses with breakthrough knowledge and skills which will enable me to work alongside the community in areas like the Prison Corrections Community or other areas of community service."

STUDY HIGHLIGHTS SUMMARY

- Exciting prospects for Health Practitioners to develop a career in a specialised field or move into management.
- Wide selection of course options which can be tailored to your career aspirations and personal specialist interests.
- Interdisciplinary blended learning environment.
- Pathway to Masters of Health Science.



www.eit.ac.nz/students/international-students

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SUBJECT AREAS

Course offerings are diverse, ranging from health services management and operational management; nutrition for special populations and exercise prescription for special populations; health and public policy; to cognitive behaviour therapy.

THESE INCLUDE:

- Advanced Pathophysiology
- Ethical Concepts and Legal Issues
- Clinical Supervision in Health Professions
- Health Services Management
- Professional Supervision
- Cognitive Behaviour Therapy
- Integrated Approaches to Mental Health
- Integrated Disease Management
- Interdisciplinary Diabetes Management
- Human Lactation and Breastfeeding
- Nutrition and Exercise Prescription for special populations
- Health and Public Policy
- Māori Health

The Postgraduate Diploma shall be awarded at the successful completion of 120 credits at level 8 (NZQA).

PROGRAMME INFORMATION

The Postgraduate Diploma in Health Science is a 120 credit programme which provides the opportunity for health managers and health practitioners to advance and expand their knowledge and expertise within an interdisciplinary learning environment.

COURSE DESCRIPTIONS

NB: Courses are offered subject to sufficient numbers enrolling. Key: **(I-D)** - Interdisciplinary

COURSE NO. AND MODE OF DELIVERY	LEVEL 8 COURSES BRIEF DESCRIPTION	CREDIT VALUE
MN8.402 Online delivery	Advanced Pathophysiology for Health Professionals (I-D) This course builds upon undergraduate study and the knowledge embedded in practice. The course will explore complex adult and child disease processes in order to support advanced diagnostic reasoning and therapeutic interventions for these client groups. This course assumes knowledge of normal physiological function and directs the student towards a progressive and more critical understanding of altered, complex health states.	30
MN8.405 Online delivery	Ethical Concepts and Legal Issues for Advanced Practice (I-D) This course advances knowledge and understanding of ethical and legal principles associated with health care. Students explore questions and reflect on issues concerning the equity and appropriateness of health care services.	30
MN8.408 Online delivery	Health Services Management (I-D) This course is intended for those working in health service management and those considering the possibility of a management role. It is anticipated that students participating in this course are able to apply their knowledge and skills to their chosen area of practice. Students will be encouraged to identify and reflect upon the legal and regulatory requirements for health service management as well as the quality management ramifications arising from these.	30

JOB OPPORTUNITIES

- Health Service Managers
- Health Workers
- Management roles in the Health Sector
- Policy and Leadership roles in the Health Sector

ENTRY REQUIREMENTS

The requirement for entry is an undergraduate degree in a health science/ health discipline with a B average or better.

Where an applicant does not hold an undergraduate degree in health science, submissions with supporting professional evidence may be considered.

ENGLISH LANGUAGE ENTRY REQUIREMENT:

Academic IELTS of 6.5 in all bands in one sitting.

MN8.410 Online delivery	Advancing Specialty Practice (I-D) This course provides opportunities for participants to critically appraise and reflect upon individual and organisational health-related service provision, and to develop strategies for enhancing practice within a specialised area.	30
MN8.414 Blended/ online delivery	Cognitive Behaviour Therapy (I-D) Cognitive Behaviour Therapy (CBT) is a practice-based course designed to enable a broad range of health and social service professionals to develop specialist advanced skills in CBT. The integrated use of theory, practice, and professional supervision from a clinical perspective will enable learners to critique and deliver therapeutic services for inpatient, outpatient, or community settings within the New Zealand context.	60
MN8.416 Blended/ online delivery	Clinical Supervision in the Health Professions (I-D) Professional supervision is a formalised reflective practice. It provides for the sharing of experiences, particularly to surface conflicts, tensions and ethical issues in professional practice. It is an important process that supports the development and maintenance of high quality practice, both for health and social service professionals and for clients. This course assists the practitioner to develop knowledge and skills for professional supervision. It is also relevant for those participating in, or who want to understand the supervision process.	30
MN8.419 Blended/ online delivery	**Advanced Supervision Practice (I-D) This course builds on the knowledge and practice skills developed in Clinical Supervision in the Health Professions. Using current theories, models and approaches to supervision this course provides an opportunity for critical reflection on, and enhancement of, practice.	30
MN8.423 Online delivery	Operational Management for Health Services (I-D) This course is intended for those already working in health service management as well as those considering the possibility of an operational management role. The course provides an overview of current operational management practices that are relevant to Health Services. Students participating in this course will have the opportunity to apply their knowledge and skills in a critical way to their chosen area of practice. The course consists of several key areas in operational management. It provides the opportunity for the health professional to critically discuss and appraise operational management in health services. This course requires the health professional to reflect upon, evaluate and record their personal journey of development in operational health management practices and processes.	30
MHS8.424 Online delivery	**Integrated Disease Management (I-D) This course provides an in-depth review of adult disease management, its impact on health care provision and the need for integrated care across all health disciplines and services. Students will reflect on disease management as a complete, rather than fragmented, approach to care, with an emphasis on risk assessment and early intervention that focuses on reducing morbidity in individuals with chronic illness. Teaching and learning approaches in the course allow students to examine disease management from their own professional, clinical, contextual and service orientations, thus allowing them to develop clinical and professional leadership skills commensurate with their scope and level of clinical practice.	30
MHS8.425	Child and Family Health in Interdisciplinary Practice (I-D) Advances in health care are initiating changes from an individual/person paradigm to the health care of families as a whole (Kaakinen et al., 2010). Arising from this starting point, this course draws on knowledge of the child/tamariki, youth/rangatahi and families/whānau. The child/youth within the family as the centre of health care will be examined and explored from a wide range of perspectives and disciplines.	30
MHS8.426	Health and an Aging Population (I-D) This course recognises the diversity of the age group and the complex relationship between determinants of health, health status and well-being. With the steady increase in the number of older people in the population, it has been recognized that this cohort requires additional support and services to enable appropriate assessment, planning and delivery of care with an emphasis on aging "in place" The course examines the scope of independent/collaborative practice in relation to health promotion, maintenance and restoration of health, preventative care, rehabilitation and/or palliative care and encourages the generation of new approaches to the delivery of expert care in different settings.	30
MHS8.427	Interdisciplinary Approaches to Mental Health (I-D) This course will investigate theoretical viewpoints and practical interventions in the field of mental health and the roles of interdisciplinary professionals when working with individuals or groups with mental health issues. Critical examination of aetiological factors, current practices and evaluation of research will provide insight towards planning interventions and reviewing current initiatives.	30

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MHS8.428	<p>Interdisciplinary Diabetes Management (I-D) This course develops theoretical and practical knowledge of diabetes mellitus within an interdisciplinary and primary health care framework.</p> <p>Students are assisted to explore the context of diabetes mellitus in relation to the impact of this disease on an international as well as an individual perspective. Contemporary issues in relation to pathophysiology, diagnosis, facilitating clients to reach target goals, and holistic strategies to improve outcomes and prevent comorbidities will be discussed.</p> <p>Students completing this course would be capable of providing diabetes education and therapeutic environments that support the person/family and community associated with diabetes.</p>	30
MHS8.429	<p>Interdisciplinary Primary Health Care (I-D) This course provides the student with the skills that support a comprehensive interdisciplinary approach in a wellness model. Students will reflect on, and critically analyse the theoretical basis of primary health care, with a strong focus on rural health.</p>	30
MHS8.431	<p>Nutrition for Special Populations (I-D) This course will investigate nutritional requirements for special populations and the roles of inter disciplinary professionals when working with individuals or groups. Critical examination of lifestyle factors, nutritional practices and evaluation of current research will provide insight towards planning interventions and reviewing current initiatives.</p>	30
MHS8.432	<p>Health Promotion (I-D) This course enables the student to develop and extend knowledge and skills in health promotion policy, planning, practice and inter-organisational work with partners. Students will critically examine the theoretical, environmental, economic, and social issues in health promotion policy and practice within New Zealand and in an international context. A specific focus will be on addressing health disparities via health promotion.</p> <p>The course will move through topics related to healthy public policy; social and environmental change; health promotion assessment, development and evaluation; and medical approaches to health promotion such as social marketing and selective primary health care.</p>	30
MHS8.433 Blended/ online delivery	<p>Exercise Prescription for Special Populations (I-D) This course aims to provide students with theoretical and practical knowledge of exercise testing and prescription for people within special populations, e.g. those with cardiovascular, respiratory, metabolic, neuro/muscular conditions; or other special populations such as athletes, elderly, pre- or post natal. Topics cover the aetiology and physiology of a range of conditions from an interdisciplinary perspective, the effects of exercise on the condition, and recommendations for exercise testing and programming.</p>	30
MHS8.434 Online delivery	<p>Health and Public Policy (I-D) This course provides students with the opportunity to explore the relationships between public policy and health. The course addresses several key aspects of public policy; models and frameworks, policy processes, and the role of Government. It provides the opportunity for students to critically discuss and appraise drivers for health policy and undertake a critical analysis of health policies.</p> <p>Students participating in this course will be able to apply their knowledge and skills in a critical way to their area of practice.</p>	30
** Note:	<p>For MHS8.424, MN8.402 is a required prerequisite course For MN8.419, MN8.416 is a required prerequisite course</p>	

Some Blended/Online courses run synchronous (live) sessions. These may be held on campus, online, or through video conferencing. You will be notified of dates and venues prior to your programme commencing.

Contact Details

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